

KEEPING UP WITH THE CREEK

LAUREL CREEK UNITED METHODIST CHURCH

The inspirational message about God and purpose of the church serves as a guiding light for believers, reminding them of their faith and calling to fulfill God's plan on earth. Through worship, prayer, and fellowship, individuals are encouraged to deepen their relationship with God and explore their unique gifts and talents. The church acts as a supportive community where individuals can find strength, encouragement, and guidance as they navigate life's challenges. By understanding that each person has been uniquely created by God for a specific purpose, believers are inspired to seek out ways to serve others and spread love and compassion in the world. The message focuses on humility, grace, and forgiveness, emphasizing the importance of living a life rooted in faith and obedience to God's will. Ultimately, the inspirational message about God reminds believers that they are called to be agents of change, bringing hope and healing to a broken world through their actions and words.

Reverend Keyla P. Edwards

Mission: Making Disciples for Jesus Christ for the transformation of the World.

Vision: Love in Action through service and inclusiveness.

Pastor's Office Hours:

Tuesday- Friday 1:00 - 5:00pm

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Spotlight

This month we spotlight Jigna Desai. Jigna is originally from Gujarat, India. She moved to the United States in 2002 and has been part of the Laurel Creek Methodist Church family for the past three years. Raised in a Hindu family, Jigna experienced a profound transformation through the Gospel of Matthew, leading to her conversion to Christianity.

As a single mother of two sons, Neil (21) and Nish (19) and following a divorce in 2019,

Jigna has embraced this new chapter with resilience. She teaches 6th-grade science at League Academy of Communications Arts and offers tutoring in math (K-6) and science (K-12). With over a decade of experience teaching high school science and founding a tutoring center that she successfully ran for seven years, Jigna brings a wealth of knowledge and passion to her students.

In 2015, Jigna lost her mother, a loss that she carried with her until finding support and healing within the Laurel Creek community. She was drawn to the church for its calm and inviting atmosphere, led by a compassionate female pastor, and its uplifting music, especially the African American hymns that resonate deeply with her. This environment has provided a space to grieve, connect, and grow in faith.

A certified yoga instructor, Jigna also shares her commitment to wellness with others. She is excited to deepen her involvement and looks forward to connecting with fellow members as she continues her journey of faith. She enjoys singing, hiking and reading.

Birthday Month Donation





Racial and Ethnic Differences in the Pervallence and Risk of Alzheimer's and Other Dementias

The risk of Alzheimer's and other dementias appears to vary by race and ethnicity in the U.S. While risk is poorly characterized in smaller racial and ethnic groups in the U.S., multiple studies have reported on differences in risk across non-Hispanic Black, non-Hispanic White, and Hispanic Americans. In the U.S., non-Hispanic Black and Hispanic older adults are more likely than White older adults to have Alzheimer's or other dementias. Data from the CHAP study indicates 19% of Black and 14% of Hispanic adults age 65 and older have Alzheimer's dementia compared with 10% of White older adults. In line with these observations, most other prevalence studies indicate that Black older adults are about twice as likely to have Alzheimer's or other dementias as White older adults. Some other studies indicate Hispanic older adults are about one and one-half times as likely to have Alzheimer's or other dementias as White older adults.

The 10 Warning Signs

Do you ever wonder if a lapse in memory is something more? It's easy to misplace your keys, forget the name of someone you just met, or make a mistake balancing your checkbook. When is it time to seek a doctor's advice? Learn more about the 10 Warning Signs of Alzheimer's.

10

1 Memory loss that disrupts daily life

One of the most common signs of Alzheimer's is memory loss, especially forgetting recently learned information. Others include forgetting important dates or events; asking for the same information over and over; relying on memory aides (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own.

What's typical? Sometimes forgetting names or appointments, but remembering them later.

2 Challenges planning/ solving problems

Some people may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before.

What's typical? Making occasional errors when balancing a checkbook.

3 Difficulty completing familiar tasks

People with Alzheimer's often find it hard to complete daily tasks. Sometimes, people may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game. **What's typical?** Occasionally needing help to use the settings on a microwave or to record a television show.

4 Confusion with time or place

People with Alzheimer's can lose track of dates seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there. **What's typical?** Getting confused about the day of the week but figuring it out later.

5 Trouble with visual images/spatial relationships

For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast. In terms of perception, they may pass a mirror and think someone else is in the room. They may not realize they are the person in the mirror. **What's typical?** Vision changes related to cataracts.

6 New problems with words in speaking/writing

People with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a conversation

and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have problems finding the right word or call things by the wrong name (e.g., calling a "watch" a "hand-clock"). **What's typical?** Sometimes having trouble finding the right word.

7 Misplacing things and losing the ability to retrace steps

A person with Alzheimer's may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. Sometimes, they may accuse others of stealing. This may occur more frequently over time. **What's typical?** Misplacing things from time to time, such as a pair of glasses or the remote control.

8 Decreased or poor judgment

People with Alzheimer's may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money, giving large amounts to telemarketers. They may pay less attention to grooming or keeping themselves clean. **What's typical?** Making a bad decision once in a while.

9 Withdrawal from work or social activities A person with Alzheimer's may start to remove themselves from hobbies, social activities, work projects or sports. They may have trouble keeping up with a favorite sports team or remembering how to complete a favorite hobby. They may also avoid being social because of the changes they have experienced. **What's typical?** Sometimes feeling weary of work family and social obligations.

10 Changes in mood and personality

The mood and personalities of people with Alzheimer's can change. They can become confused, suspicious, depressed, fearful, or anxious. They may be easily upset at home, at work, with friends or in places out of their comfort zone. **What's typical?** Developing specific ways of doing things and becoming irritable when a routine is disrupted.



Do You Know Your Hymns?

Dentist's Hymn Crown Him with Many Crowns
Weatherman's HymnThere Shall Be Showers of Blessings
Contractor's HymnThe Church's One Foundation
Tailor's HymnHoly, Holy, Holy
Golfer's Hymn.....There's a Green Hill Far Away
Politician's Hymn.....Standing on the Promises!
Optometrist's Hymn.....Open My Eyes That I Might See
IRS Agent Hymn.....I Surrender All
Gossip's Hymn.....Pass It On
Electrician's Hymn.....Send The Light
Shopper's Hymn.....Sweet Bye and Bye
Realtor's Hymn.....I've Got a Mansion, Just Over The Hilltop
Massage therapist's Hymn.....He Touched Me

AND for those who speed on the highway - a few hymns:

55 mph God Will Take Care of You
75 mph Nearer My God To Thee
85mph This World Is Not My Home
95 mph Lord, I'm Coming Home
100mph Precious Memories

Give me a sense of humor, Lord, Give me the grace to see a joke, To get some humor out of life, And pass it on to other folks.

Submitted by Pat Copeland

GIVE THANKS

Food for the Soul
Sue Hallums Kitchen


Broccoli Casserole

2 eggs - well beaten
1 stick of margarine
1 cup mayonnaise
1 cup mushroom soup
1 cup sharp cheese - grated
2 Tbs. chopped onion
2 Pkgs chopped broccoli
Ritz crackers

Cook and drain Broccoli: Mix everything together. Pour into greased casserole dish: Top with crumbled crackers. Bake on 350 for 35 minutes.

Charity Ball | April 19th

Freedom Is Not Free



I watched the flag pass by one day.
It fluttered in the breeze.
A young Marine saluted it,
and then he stood at ease.
I looked at him in uniform,
so young, so tall, so proud
He'd stand out in any crowd.
I thought how many men like him
Had fallen through the years.
How many died on foreign soil?
How many mothers' tears?
How many pilots' planes shot down?
How many died at sea?
How many foxholes were soldiers' graves?
No, freedom isn't free.

I heard the sound of TAPS one night,
When everything was still
I listened to the bugle play
And I felt a sudden chill.
I wondered just how many times
That TAPS had meant "Amen,"
When a flag had draped a coffin
Of a brother or a friend.
I thought of all the children,
Of the mothers and wives,
Of fathers, sons and husbands
With interrupted lives.
I thought about a graveyard
At the bottom of the sea
Of unmarked graves in Arlington.

No, freedom isn't free. *By Kelly Strong*

Submitted by Banner Ramsey



Thank you Veterans

Jimmy Walker Jr.
Banner Ramsey
Pauline Roubaud
Fred Carter
William Scott
Alfred Wright
Robert Thompson
John Webb

October Fellowship Moments

Men's Day "Gentlemen Take Your Place"

IN HONOR AND CELEBRATION OF Men's Day

October 20, 2024 | 10AM
Laurel Creek UMC
3598 Laurens Rd
Greenville SC 29607
Pastor: Rev Keyla P Edwards



Guest Speaker:
Bro. Josiah D Gary

Pauline Roubaud and Banner Ramsey



Senior Recognition





Breast Cancer Awareness Month
Observed in October



INFORMATION

2024 Election Dates
Tuesday, November 5, 2024-
Statewide General Election

UMCS Disaster Response Hotline # 803 726-3106
Email - disasterresponse@umcsc.org

Apply for FEMA Assistance

- DisasterAssistance.gov
 - FEMA mobile app
- Hotline 800 621-3362

Order free COVID test kits at

- www.COVIDtests.gov

For those who have difficulty accessing the internet or need additional support placing an order, you can call 1-800-232-0233 to get help. Test will be mailed through the U.S. Postal Service starting January.



CHURCH ANNOUNCEMENTS

BIRTHDAY MONTH DONATION

Golden Glows Meeting 11/06 @11:00am
Bible Study Wed. @ 5:00pm
Food Pantry 11/06th and 20th @9:30am
Women of Faith- Senior Luncheon 11/09 @
12:00pm @ J Peters

Each member is asked to donate \$1.00 per day in the month of your birthday.
Example: if the BD month has 31 days, then you would make a one time donation of \$31.00 in your birthday month..

Intercessory Prayer Every Tuesday@7:00pm
Dial: (617) 691-8941

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